

Analysis on the Current Situation and Problems of Humanistic Quality Cultivation in Medical English Teaching

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Abstract: humanistic quality education is an important part of moral education in medical colleges and universities and should be integrated into the teaching of various disciplines. At present, under the background of social transformation, the increasingly tense doctor-patient relationship shows to some extent the lack of medical education in humanistic quality education. College English teaching is an effective way to improve the humanistic quality of medical students. If humanistic education can be strengthened in college English teaching in medical colleges, students' spiritual realm can be improved, and medical students' pursuit and thinking of noble emotions in life can be inspired, then a new way to cultivate medical students' humanistic quality will be opened up. College English is one of the important courses offered by medical colleges. We should pay attention to the carrier role of language, make use of the advantages of language teaching, and combine college English teaching with the cultivation of humanistic quality. This paper analyzes the relationship between college English teaching and humanistic quality education, and puts forward the ways and strategies of integrating humanistic quality education into college English teaching in medical colleges.

1. Introduction

For a long time, there has been a one-sided emphasis on the study of basic medical knowledge, professional skills and clinical practice in the talent training objectives of local medical colleges and universities, while ignoring the cultivation and edification of medical students' thoughts, morality, accomplishment and culture [1]. If humanistic education can be strengthened in college English teaching in medical colleges, students' spiritual realm can be improved, and medical students' pursuit and thinking of noble emotions in life can be inspired, it will open up a new way to cultivate medical students' humanistic quality [2]. The purpose of higher medical education is to cultivate medical workers who can promote human health. Therefore, medical students should not only have professional knowledge and skills, but also have profound humanistic quality. The humanistic quality of medical students has its professional characteristics, that is, it takes medical ethics as the core, has extensive humanistic knowledge, and has the humanitarian spirit of saving the dead and helping the wounded and the consciousness of medical service [3]. In addition to providing patients with necessary diagnosis and treatment techniques, medical workers also need to provide mental, cultural and emotional services to meet patients' health needs [4]. The purpose of higher medical education is to train medical workers who can promote human health, so medical students must not only have professional knowledge and skills, but also have a strong humanistic literacy [5].

As a public compulsory course, college English occupies almost the most important position in the minds of medical students. The popularity and importance of college English provide the superiority of humanities education that other disciplines cannot. [6] the development of modern medicine has shifted from a biomedical-led model to a biopsychosocial medical model, requiring medical personnel to upgrade and form a humane, personalized, and diversified spirit of humanistic services and professional ethics [7]. College English is one of the important courses offered by medical schools. We should pay attention to the role of language as a carrier, use the advantages of language teaching, organically combine college English teaching with the cultivation of humanities, and take effective measures to promote the improvement of the humanities of medical students. [8].

Medical students trained under the modern medical model will shoulder the heavy responsibility of treating diseases and saving people in the future. This requires them not only to have superb medical technology, but also to have high medical humanities and good communication skills [9]. Humanistic quality education is a broad education, and its rich connotation should be integrated into the teaching of various disciplines. As an important public course in colleges and universities, college English teaching plays an important role in the cultivation of students' human quality [10]. This paper analyzes the relationship between college English teaching and humanistic quality education, and proposes ways and strategies to integrate humanistic quality education into college English teaching in medical schools.

2. The Current Situation of Humanistic Quality Education and College English Teaching

Medical college is the main place for clinicians to receive medical education in the future, and also the main position for them to receive humanistic education. Cultivating medical students' interest in learning English is an indispensable part of college English teaching. Only by stimulating students' interest can they have strong learning motivation. In order to achieve sustainable development, one of the effective ways for medical colleges and universities is to grasp the relationship between medical education and the cultivation of humanistic quality, take the integration of the spirit of medical science and humanistic spirit as the goal of the development of medical disciplines, cultivate medical staff with good humanistic quality, rich humanistic care and noble medical service level, and establish a harmonious relationship between doctors and patients. Humanistic quality is the external expression of humanistic knowledge and humanistic spirit. It involves how to deal with the social attributes such as the relationship between human and nature, human and society, human and others, and human's own concept, emotion, will, etc. [11]. The education and cultivation of medical students' humanistic quality should not only be completed through basic medical humanities courses and limited courses of specialized medical humanities, but also actively play the role of education and edification of public basic humanities, including college English.

A simple and effective method to analyze the difference between humanistic quality education and vocational skill training is the hypothesis test of two independent sample means. A college employment instructor teaches the same class in three classes at the same time. In a student evaluation, the teacher's evaluation data is shown in table 1.

Table 1 Student Evaluation Data of Two Independent Sample Means

Sample Size	The average score	Sample standard deviation
60	82	4.5
57	76	3.9
62	85	4.2

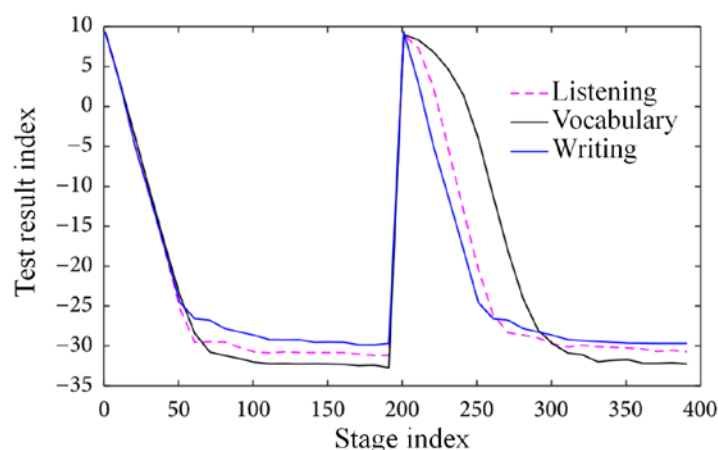


Fig.1 Comparison of Written Test Listening, Vocabulary, and Writing Performance Data

After the implementation of the first phase of English teaching from the perspective of needs, a phase test will be conducted. The main content of the test is the three modules learned in this stage. The test results are used as the basis for evaluating the learning effect of students in this stage, as well as the basis for strategy adjustment in the second stage. The test results are shown in Figure 1.

Humanistic quality is the unity of moral ideal and knowledge and wisdom, as well as the unity of reason and emotion. It is also the unity of idea and behavior. The current situation of medical students' humanistic quality is not optimistic, and the causes of these phenomena are more complex. College English is an important public course in every medical college. It plays an important role in the cultivation and improvement of medical students' humanistic quality. Humanities quality education strengthens their moral cultivation concept through the active and effective promotion of network laws and regulations for college students. Promote the all-round development of college students. The results of a teacher in three teaching satisfaction surveys are shown in Table 2.

Table 2 Teaching Satisfaction

	Sample size	The number of participants	Satisfaction
First rating	60	60	61%
Second rating	60	59	72%
Third rating	60	55	75%

Medicine is a practical and highly technical discipline. Most medical students only pay attention to the study of professional theory and clinical practice. They believe that as long as they are professionally competent, they can become excellent medical experts in the future. For medical students, English language learning is an important link in English culture learning and an important process to improve their humanistic quality. Therefore, the emphasis of humanistic quality education is more on the cultivation of students' ability of problem-solving, self-development and cooperation in College English teaching. After entering the medical college, in the medical college which is limited by the current system, the curriculum proportion of Humanities and social sciences is relatively small, the medical education pays attention to the inheritance of knowledge and skills, and lacks the infiltration of humanistic quality education.

3. Ways to Cultivate Students' Humanistic Quality in Medical English Teaching

3.1 Cultivating Medical Students' Interest in Learning English

The current humanistic education thought calls for language teaching to pay attention to students' personal feelings, their self-improvement, their awareness of humanistic quality teaching, and their humanistic quality. Many students put the practicability and utility of knowledge at the first place of study. During the period of school, they are busy in obtaining various certificates or postgraduate entrance examination, ignoring the belief of serving the patients for the society in the future. Different versions of English textbooks are rich in language, culture and humanistic background knowledge, which is a good material for cultivating students' comprehensive humanistic quality. Humanistic quality education is not an overnight process, but a long-term process. Medical students learn language not only to master the instrumental role of language, but also to think about and critically inherit the knowledge and ideas of humanities, history, society, life and other aspects carried by the carrier of language [12]. English teachers must have lofty moral cultivation, strengthen humanistic care for students, and establish a harmonious relationship between teachers and students. If college English teaching and humanistic quality education are properly combined and classroom teaching materials are used to encourage students to have lofty aspirations, noble sentiments and appropriate attitudes towards themselves, the effect of mutual promotion will be achieved.

3.2 Training of Humanistic Quality

Most of the contents of college English texts are about society, history, culture, characters, life and other aspects, which contain rich knowledge of language, culture and humanistic background. English language teaching has rich resources and unique advantages in implementing humanistic

quality education, which can improve medical students' humanistic quality imperceptibly. College English teaching materials play a positive role in the formation and development of medical students' humanistic quality. The teaching materials convey human cultural heritage and scientific research achievements, and have laid a higher starting point for the development of individual quality [13]. The development of diversified classroom teaching activities will lay a good foundation for medical students to deal with doctor-patient communication in their future career. The unique charm and function of college English teaching, which is different from other disciplines and humanistic spirit cultivation, is to dig deeply into the spiritual connotation of the text, comprehend the profound cultural connotation and provide a good subjective teaching environment for quality education. The development of students' moral character is actively realized in the activities, that is, the external influence can only be understood, selected and absorbed by students through their internal ideological and emotional activities. College English texts are rich in humanistic connotation. College English teachers can fully excavate the flash points of human and human, human and nature, human and social relations, humanistic care, medicine and human nature in teaching materials from different perspectives, different dimensions and learners' levels and interests.

4. Conclusion

The sublimity of medical profession determines that medical students must be full of love, learn to respect people who know how to love and have humanistic spirit. Today, with the renewal of medical model and medical ethics, it is urgent to strengthen the professional ethics of doctors and improve the humanistic quality of medical students. The cultivation of medical students' humanistic quality is not only the task of college politics, but also the common task of many subjects including foreign languages. The future career of medical students is closely related to their life. The principle of medical education is to respect and value their life. The task of medical colleges and universities is to cultivate excellent medical talents with both excellent professional skills and humanistic feelings, which is the essence of education and the requirements of the times. In the current situation of weakening the humanistic spirit in colleges and universities, humanistic education is particularly important. The implementation of humanistic quality education in English teaching in medical colleges is of great practical significance and feasibility. Only by caring for human nature in medical practice and promoting the humanistic spirit of medicine in medical practice can medicine be more humane. It is of great significance to actively explore the best combination of English teaching and humanistic quality education in medical colleges and universities to promote the improvement of medical students' comprehensive quality.

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